

TAPESCRIPT

Narrator: Listening Test

Body Image

Section 3

You will hear the presenter and two students, James and Claire, talking about body image after hearing about Dr Jones' study.

The recording will be played twice. Do as much as you can the first time and answer all the questions the second time.

You have 30 seconds to look at your questions.

[30 sec music]

Listen and answer the questions.

Catherine: You have both heard what Dr Jones said. What do you think of his findings, James?

James: Well, I know we always see famous actors and singers on television all the time, and they're all good looking. You never see any unattractive movie stars or singers.

Catherine: And you, Claire?

Claire: I think James is right. They're all stunning and have perfect features and perfect hair. It makes people feel under pressure to look like that.

James: Yeah, I know what you mean, Claire. When those are the only people you see, and they're the people we want to be like, it can really put you under pressure to look that way.

Claire: I know.

James: In fact, those magazines should have pictures of average looking people, too.

Claire: You think? They wouldn't sell so many copies, would they?

James: But the magazines aren't good. People will get the wrong message from them and they will go on diets.

Claire: Not all diets are unhealthy. I've been on a diet.

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James: I agree that some diets are healthy. But still, some people try to lose weight in a short period of time with unhealthy diets. These unhealthy diets may harm their health.

Claire: Anyway. I do agree that there is pressure to look good even in school.

James: Yeah.

Claire: Even for boys.

James: You think so?

Claire: Well, you always see the boys checking out their hair trying to look good. It's a lot of pressure. They all want to look like models.

James: True, and girls have it exactly the same. There is so much pressure to look good and not be overweight. Girls are always doing time-consuming things to change the way they look – putting on make-up; polishing their nails and dressing up for every occasion. They spend much more time on their appearance than boys do. My sister won't even leave the house without mascara on! She says that she just doesn't feel confident without it!

Claire: But girls are used to that. I think it affects boys more nowadays.

James: Hmm.

Now listen to the recording again.

[repeat recording]

You have 30 seconds to check your answers.

[30 sec music]

This is the end of Section 3.